



- November 2012-



## Friday, 24<sup>th</sup> May 2013

EUFAMI, in cooperation with Shine, is hosting a major European Family Conference



**A perfect vision for Mental Health 2020**

Dublin, Ireland



▶ **Health at a Glance – Europe 2012**

**Health at a Glance – Europe 2012**

On 16<sup>th</sup> November, the European Commission (DG Health and Consumers) jointly with OECD, published the report "Health at a Glance: Europe - 2012". The report presents a set of key indicators of health status, determinants of health, health care resources and activities, quality of care, health expenditure and financing in 35 European countries, including the 27 European Union member states, 5 candidate countries and 3 EFTA countries. The selection of indicators is based largely on the European Community Health Indicators (ECHI) shortlist, a set of indicators that has been developed to guide the reporting of health statistics in the European Union. It is complemented by additional indicators on health expenditure and quality of care, building on the OECD expertise in these areas.

Some key findings include:

- Growth in health spending per capita slowed or fell in real terms in 2010 in almost all European countries
- Life expectancy at birth in EU member states has increased by over 6 years between 1980 and 2010
- More than half (52%) of adults in the European Union are now overweight, and 17% are obese
- Spending on disease prevention falls by 3.2% in 2010

The report is available in English. The executive summary is available in all EU official languages on the European Commission's website <http://ec.europa.eu/health/reports/european>

▶▶ **Building an Inclusive Europe through Supported Employment**

**Building an Inclusive Europe through Supported Employment**

This event, which will take place in Dublin, Ireland from the 11<sup>th</sup> to the 13<sup>th</sup> June 2013, is an inter-disciplinary conference open to professionals at every level within the Disability, Community and Business sector who support people with disabilities or marginalised groups into mainstream supported employment opportunities. It also is open to academics/educators at any stage of their career as well as people with disabilities and their families. Currently there is a call out for papers. See <http://www.iase.ie/pages/conferences/EUSEPapers.html>.

▶ **Schizophrenia Commission releases it report**

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For the past year, an independent commission on schizophrenia and psychosis, facilitated by Rethink Mental Illness, scoped the state of care and outcomes for people living with the condition in England. On the 14<sup>th</sup> November, the Commission released its final report titled 'The abandoned illness', and amongst the findings it reveals a dysfunctional system that does not deliver the quality of treatment needed for recovery. The report recommends priority actions to promote change. It can be downloaded at <http://www.schizophreniacommission.org.uk/the-report/>

▶ **Gamian Europe elects new President**

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On Saturday, 13<sup>th</sup> October, the Gamian-Europe General Assembly (re)elects the board for a new period of 2 years. Immediately after this election, at its first meeting the new board elected the officers for the coming years. Pedro Montellano, representative of the Portuguese Bipolar Association was elected president. Pedro was born in 1968 in Lisbon and has an academic degree on Agronomic Engineering, Post graduated studies and a Master In Real Estate Management and Valuation, he is owner and General Manager of a Real Estate Broker Company in Lisbon, and volunteer with ADEB, the Portuguese association for support of patients with depression and bipolar disease. He has been board member of Gamian-Europe since 2008 and treasurer since 2010. EUFAMI sends congratulations and best wishes to Pedro. Pedro has in the past participated at one of EUFAMI's sponsored symposia in Prague.

▶ **New Mental Health Strategy for Wales**

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Our Welsh member, Hafal, has informed us that their government recently launched its new Mental Health Strategy "Together for Mental Health" and an initial three-year Delivery Plan. The Strategy sets out the Welsh Government's vision for 21st century mental health services and is the first mental health and wellbeing strategy for Wales covering people of all ages. The Strategy reinforces the legal framework put in place by the Mental Health Measure and its accompanying Regulations and Codes of Practice. The Delivery Plan sets out a three-year programme of improvement, cranking up the progress required for service delivery. In the next few weeks Hafal plan to issue a detailed analysis of the strategy.

▶ **EUFAMI Board Meeting**

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The next EUFAMI Board meeting will take place in Leuven, Belgium on the 31<sup>st</sup> November and the 1<sup>st</sup> December.

▶ **Prospect – EUFAMI's Training Programme**

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*Prospect, EUFAMI's Training Initiative, is currently being used by people in over 14 European countries. Prospect is a very unique peer to peer programme and was developed by EUFAMI members from many countries. If you would like to get further information, contact Rita Geerts on [project.admin.office@eufami.org](mailto:project.admin.office@eufami.org).*



For more information, please look at the web site [www.eufami.org](http://www.eufami.org) or contact EUFAMI at [info@eufami.org](mailto:info@eufami.org)

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